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School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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# Organisation

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## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video


Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#) 

 [HPE P-10 Support resources for consent and relationships](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#) 

 [ABLEWA Health & Physical Education Scope & Sequence](#)

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## Content structure

The Health and Physical Education curriculum is organised into three strands. Each strand is organised into content descriptors.

### Personal, social and community wellbeing

- Being healthy, safe and active  
The content focuses on health, safety and active choices. It develops the skills and knowledge to support students to understand health and safety risks and make active choices. It also develops the skills and knowledge to support students to understand the context of health and safety risks and make active choices. Students also learn to understand the context of health and safety risks and make active choices.
- Communicating and participating  
The content develops the skills and knowledge to critically engage with and apply new information to influence their own and others' choices.
- Contributing to health and wellbeing  
The content develops the skills and knowledge to critically analyse the products, services and environments that influence the wellbeing of their community.

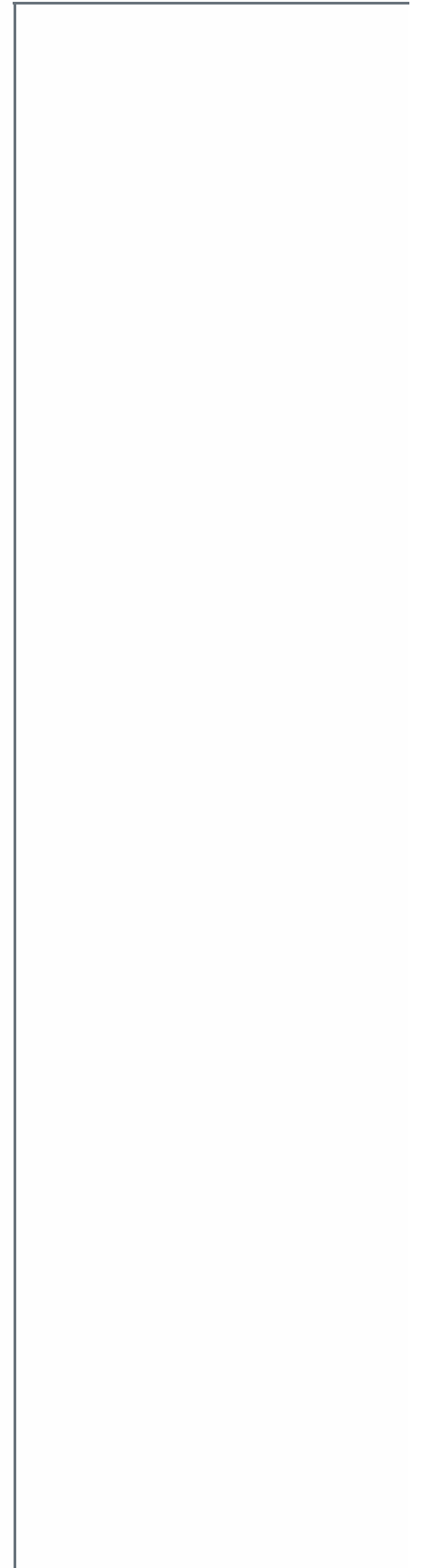
# Physical Education

## Movement and

- Moving our body  
The content lays out movement skills. movement skills. performance. The competence and for lifelong participation
- Understanding movement  
The content focuses on why our body moves, participating in physical techniques and skills, quality of movement and meaning of physical others' lives, and
- Learning through participation  
The content focuses on participation in communication, and cooperation. small groups or teams challenges. Through personal and social with challenges and varied roles within

The interrelated national curriculum provides communication, self

Figure 1 identifies t



## HEALTH

The content of the s  
and others' health, s  
common interpersonal  
individually and colla

The Health and Phys  
The content provide  
each focus area.

## HEALTH EDUCATION

## PERSONAL, SOCIAL AND COMMUNITY HEALTH

- Safe p
- Personal c
- Relat
- Cultural
- Healthy
- Influence

Figure 1: The orga  
curriculum

## Attitudes an

The Health and Phy  
develop positive att  
as respect for the ri  
experiences, studen  
influence they have  
are not specified in  
others' attitudes an

## Focus areas

Focus areas indicat  
student engagemen  
teach the content in  
learning that can be

The focus areas are

- alcohol and other
- food and nutritio
- health benefits o
- mental health an
- relationships and
- safety
- active and minor
- challenge and ad

- fundamental movement skills
- games and sport
- lifelong physical activity
- rhythmic and expressive movement

## Year level descriptions

Year level descriptions provide a guide to the learning outcomes for each year level. They also indicate the expectation that physical education should be taught as a compulsory subject.

## Content descriptions

Content descriptions are expected to teach the following approaches to teaching physical education is appropriately ordered and sequenced, concept or skill introduced and extended at later year levels.

Additional content descriptions are provided for teaching programs. These are intended to take into account learning needs and interests of students.

The additional content descriptions are provided for teaching programs.

## Achievement standards

From Pre-primary to Year 10, the achievement standards indicate that students should be able to demonstrate the following skills. An achievement standard is a statement of the level of performance that is expected of students.

conceptual underst  
student is well-plac  
achievement.

## Glossary

A glossary is provid  
concepts included i

Principles

Teaching

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Policy

Resources



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