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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Rationale

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Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#) 

 [HPE P-10 Support resources for consent and relationships](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#) 

 [ABLEWA Health & Physical Education Scope & Sequence](#)

In Health and Physical Education, students learn to care for others' health, safely and respectfully in changing contexts. Students experience enjoyable and physically active learning.

In Health and Physical Education, students develop the knowledge and skills to make choices that support their identity and autonomy, and to build respectful relationships. They learn to engage in physical activity and to understand the factors that influence the health of themselves, individuals, and communities. They learn to access and use resources to support their health and well-being.

Integral to Health and Physical Education are concepts and strategies that promote student engagement, creativity, participation, and leadership in various settings. Students learn to identify challenges; how to overcome them; and how to engage in physical activity to themselves and others in various contexts and settings. They learn to build interpersonal, social, and community relationships.

Through Health and Physical Education, students develop safety and well-being communities. It promotes positive attitudes and dispositions to health and well-being.

[Return to Health and Physical Education](#)

The Health and Physical Education curriculum for a healthy, active population is shaped by the following evidence base:

1. Focus on education

The curriculum focuses on understanding and knowledge as a priority for the curriculum, with explicit teaching and learning.

2. Take a strengths-based approach

A strengths-based approach to develop knowledge and active choices have particular significance.

3. Value movement

The curriculum focuses on concepts requiring competence and confidence over a lifespan, and positive health.

4. Develop health literacy

The development of health literacy over their health and well-being.

individual and po
understanding ar

- functional – kn
evaluating and
- interactive – kr
and setting go
- critical – skills
health informa
others' health.

5. Include a critical

The curriculum e
research skills ar
and the way this

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