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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Organisation

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Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 HPE P-10 Scope and Sequence for teaching in 2024

 HPE P-10 Scope and Sequence for teaching in 2024 

 HPE P-10 Support resources for consent and relationships

 ABLEWA Health & Physical Education Scope & Sequence 

 ABLEWA Health & Physical Education Scope & Sequence

◀ [Return to Health and Physical Education](#)

Content structure

The Health and Physical Education curriculum is organised into three strands: Personal, Social and Community Health, Physical Education and Sport, and Health and Physical Education. Each strand is organised into three content areas: Personal, Social and Community Health, Physical Education and Sport, and Health and Physical Education.

Personal, Social and Community Health

- Being healthy, safe and active. The content focuses on understanding health, safety and active choices. It also includes understanding the context of health and safety. Students also learn about health and safety activity and development.
- Communicating and working with others. The content develops critical thinking and engagement skills to apply new information and influence their own and others' choices.
- Contributing to health and wellbeing. The content develops critical thinking and engagement skills to analyse communities. The products, services and wellbeing of their communities.

Movement a

- Moving our body
The content lays movement skills. movement skills. performance. The competence and for lifelong partic
- Understanding m
The content focu why our body mc participating in p techniques and s quality of movem and meaning of p others' lives, and
- Learning through
The content focu participation in n communication, c and cooperation. small groups or t challenges. Throu personal and soc with challenges a varied roles withi

The interrelated national curriculum provides communication, self

Figure 1 identifies t



HEALTH

The content of the s
and others' health, s
common interpersonal
individually and colla

The Health and Phys
The content provide
each focus area.

HEALTH EDUCATION

PERSONAL, SOCIAL AND COMMUNITY HEALTH

- Safe p
- Personal c
- Relat
- Cultural
- Healthy
- Influence

Figure 1: The orga
curriculum

Attitudes an

The Health and Phy
develop positive att
as respect for the ri
experiences, studen
influence they have
are not specified in
others' attitudes an

Focus areas

Focus areas indicat
student engagemen
teach the content in
learning that can be

The focus areas are

- alcohol and other
- food and nutritio
- health benefits o
- mental health an
- relationships and
- safety
- active and minor
- challenge and ad

- fundamental movement skills
- games and sport
- lifelong physical activity
- rhythmic and expressive movement

Year level descriptors

Year level descriptors describe the expected achievement of students at each year level. They also provide a general expectation that physical education programs should aim to achieve.

Content descriptions

Content descriptions are the specific content areas that students are expected to teach. They provide a framework for teaching approaches to teaching and learning. Content descriptions are appropriately ordered to build on prior learning and to extend concept or skill introduced in previous years.

Additional content descriptions are provided for teaching programs. These descriptions take into account learning needs and interests of students.

The additional content descriptions are provided for teaching programs.

Achievement standards

From Pre-primary to Year 10, students should achieve a standard of achievement in physical education. An achievement standard is a statement of the level of achievement that students should achieve.

conceptual underst
student is well-plac
achievement.

Glossary

A glossary is provid
concepts included i

Principles

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Resources

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