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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

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You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

Rationale

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Overview ▼

Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#) 

 [HPE P-10 Support resources for consent and relationships](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#) 

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In Health and Physical Education, students learn to care for others' health, safely in changing contexts. Students experience enjoyable and physically

In Health and Physical Education, students learn to care for others' health, safely in changing contexts. Students experience enjoyable and physically

Integral to Health and Physical Education are concepts and strategies that creatively participate in settings. Students learn to overcome challenges; how to engage in activity to themselves in contexts and settings that influence interpersonal, social

Through Health and Physical Education, students learn to care for others' health, safely in changing contexts. Students experience enjoyable and physically

◀ [Return to Health and Physical Education](#)

The Health and Physical Education curriculum for a healthy, active population is shaped by the following evidence base:

1. Focus on education

The curriculum focuses on understanding and knowledge as a priority for the curriculum, with explicit teaching and learning.

2. Take a strengths-based approach

A strengths-based approach to develop knowledge and active choices have particular significance.

3. Value movement

The curriculum focuses on concepts requiring competence and lifespan, and positive health.

4. Develop health literacy

The development of health literacy over their health.

individual and po
understanding ar

- functional – kn
evaluating and
- interactive – kr
and setting go
- critical – skills
health informa
others' health.

5. Include a critical

The curriculum e
research skills ar
and the way this

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Teaching

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