

# Summary of changes to the Western Australian Curriculum: Health and Physical Education

## Overall

The Western Australian Health and Physical Education curriculum was originally adopted and adapted from the Australian Curriculum version 8.4 (2017) to develop year level syllabuses.

The Health and Physical Education curriculum has been revised against the Australian Curriculum version 9, contextualised for the *Western Australian Curriculum and Assessment Outline* to meet the needs of students and teachers. The content has been clarified, and exemplified, to support teachers in planning for teaching, learning and assessment.

## Strand and sub-strands – renamed

### Personal, social and community health

**Being healthy, safe and active** renamed **Staying safe** and **Personal identity and change**

**Contributing to healthy and active communities** renamed **Healthy and active communities**

**Communicating for health and wellbeing** renamed **Interacting with others**

### Movement and physical activity

**Moving our body** renamed **Movement skills**

**Learning through movement** renamed **Interpersonal skills**

## Sub-strand – reworded content

### Personal identity and change

- Reviewed and refined language in the content descriptions
- Protective behaviours, consent and respectful relationships content is clear, and the language used is consistent
- The influence of stereotypes and strategies to value diversity in the community is consistent across the year levels
- Planning and implementing strategies to enhance their own and others' health, safety, relationships and wellbeing is consistent across the year levels
- Content related to body changes and puberty is explicit

## Learning area content

### New content

- Examples have been added to clarify content descriptions and, where appropriate, to support teacher understanding and provide contexts for teaching
- Content that supports participation in lifelong physical activity
- Focus on activity in natural and outdoor settings

## Deleted content

- Western Australian Health and Physical Education curriculum has not deleted content
- The language in the content descriptions has been strengthened to support teacher understanding

## Reorganised content

- Health Education content is organised in four sub-strands to support content threads that are clear and developmentally appropriate to the year level

## Year level descriptions

### Updated material

- Inclusion of *Phases of schooling* information to provide teachers with guidance about the sorts of curriculum experiences likely to support children and students at each phase
- Updated to align with the revised content descriptions

## Achievement standards

### Changes

- Reviewed to align with revised content descriptions
- Ensured the standards provide specific information for teachers to make informed judgements about student achievement