



# PHYSICAL EDUCATION

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PERFORMANCE ASSESSMENT SUPPORT MATERIAL

BADMINTON

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## IMPORTANT INFORMATION

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## Assessment of practical student performance in Physical Education

Authentic assessment must include tasks that are worthwhile, significant and meaningful, as well as involve the ongoing process of recording, monitoring and reflection to assist learning, monitor learning, set learning goals and help identify further practice opportunities in order for these to be achieved. Final assessment at the end of a teaching unit on the selected activity may be completed through monitoring of progress together with formalised assessment tasks.

When assessing students' performance in a practical context, a teacher should refer to observation points for individual and game skills in the selected activity.

### Assessment of **individual skills**

Observation points for a skill must be taken into account holistically rather than by focussing on a detailed anatomy of its parts before deciding on a mark. It is essential that when assessing individual skills, observations reflect the quality of a student's movement when performing. The teacher must take into account four elements in the demonstration of a skill: consistency; precision; fluency; and control.

Final assessment of the skill performance and level of attainment will be guided by the achievement standards for the appropriate year level as set out by the School Curriculum and Standards Authority.

#### Breaking of sport specific rules

When students are taught and given opportunities to practise and use various skills in a competitive scenario, the teacher should indicate to the student if a rule is consistently broken while performing the skill, e.g. standing on the service line while serving. If, at the time of assessment, a student consistently breaks the rules of the sport, but who otherwise performs at a particular standard, should have one mark deducted for each rule that is consistently broken.

### Assessment of **game/competition skills**

Tactical situations or problems appropriate to the year group should be identified before assessment of students' performance. This may include defence or offence skills depending on the activity being assessed. Game pressure, pace, skill and intensity of opponent and teammates, playing area, environmental conditions etc. may affect performance and should be taken into account when assessing game/competition skills.

The teacher must take into consideration that contact, or possession, which provide the opportunity for individual skill assessment accounts for only a small percentage of game time. Most game time is spent in movement and performance of tactical/strategic skills 'off the ball'.

Assessment should typically take into account the totality of game play, including the dynamic and changing situations associated with game play, by considering tactical products and processes which form part of the total composition of game/competition performance.

The range of marks or assessment scale will be determined by the teacher but must reflect expected achievement standards for that year group.

Individual skills – marks allocation	
A mark is allocated to the level of performance demonstrated consistently for each skill across a variety of practice drills and scenarios.	
<b>6</b>	Observation points across all phases of a skill are demonstrated over a number of attempts. Performance is fluent and control of the body, shuttle and/or the racquet is maintained throughout the execution of the skill.
<b>5</b>	Performance consistently reflects the majority of the observation points of a skill and is performed with some fluency. Control of the body, shuttle and/or the racquet is maintained.
<b>4</b>	Performance is mostly efficient with the ability to correct some errors during execution of a skill. The body, shuttle and/or the racquet are controlled during the majority of the performance.
<b>3</b>	Performance is somewhat effective while demonstrating most observation points, occasionally performing each skill with some fluency and control. Overall reflects an adequate skill level.
<b>2</b>	Achieves some success when performing a skill but commits a number of errors with respect to execution and control. Sometimes reflects an adequate skill level.
<b>1</b>	Performs with significant errors and minimal control. Rarely demonstrates an adequate skill level.
<b>0</b>	Minimum skill level is not demonstrated

## Individual skills

High singles serve  
Low serve (forehand and backhand)  
Flick serve (forehand and backhand)  
Return of low serve  
Forehand overhead drop shot  
Backhand overhead cross-court drop shot  
Forehand smash  
Overhead clear (forehand and backhand)  
Forehand net attack shot  
Underarm net tumble shot (forehand and backhand)  
Underarm clear (forehand and backhand)  
Drive (forehand and backhand)

### High singles serve

#### Preparation

- Stands mid-court near the centre line
- Body slightly side-on to the net
- Non-racquet foot forward
- Racquet held up behind the body
- Shuttle held in cup style (C-shape) out in front of leading foot

#### Execution

- Contact point in front of leading foot
- Transfers body weight from racquet foot to non-racquet foot
- Arm pronates on the forward upward swing
- Trajectory: shuttle travels high and deep

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands on or in back tramlines

### Low serve – forehand

#### Preparation

- Body slightly side-on to the net with non-racquet foot forward
- Body weight evenly balanced
- Shortened forehand grip
- Racquet commences behind/side of the body
- Shuttle held in cup style (C-shape) out in front of leading foot

#### Execution

- Shuttle guided over the net with a pushing movement
- Contact point in front of the body
- Trajectory: shuttle skims the net

#### Completion

- Minimum follow through with racquet head facing direction of the shot

#### Outcome

- Shuttle lands in the target area located in the front centre corner of the service court

### Low serve – backhand

#### Preparation

- Stands near the 'T'
- Body square to net with racquet foot forward
- Shortened backhand grip
- Shuttle held by fingertips in front of the body with racquet head down

#### Execution

- Shuttle guided over the net with a pushing movement
- Contact point in front of the body
- Shuttle is hit just below held position
- Trajectory: shuttle skims the net

#### Completion

- Minimum follow through with racquet head facing direction of shot

#### Outcome

- Shuttle lands in the target area located in the front centre corner of the service court

### Flick serve – forehand

#### Preparation

- Stands near the 'T'
- Shortened forehand grip
- Weight evenly balanced
- Shuttle held in cup style (C-shape) out in front of leading foot
- Elbow pointing backwards with racquet head pointing to the floor

#### Execution

- Shuttle hit with a wrist flick in front of the body
- Trajectory: shuttle hit firmly, clearing the opponent's extended racquet when opponent stands on the front service line

#### Completion

- Transfers weight forward on contact

#### Outcome

- Shuttle lands in the target area located in the back centre corner of the service court

### Flick serve – backhand

#### Preparation

- Stands near the 'T'
- Shortened backhand grip
- Weight slightly on racquet foot
- Body square to net
- Shuttle held by fingertips in front of the body with racquet head down

#### Execution

- Shuttle hit with a wrist flick
- During swing elbow straightens and slight supination occurs
- Shuttle is hit just below held position
- Trajectory: shuttle travels quickly over receiver's head

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located in the back centre corner of the service court

### Return of low serve

#### Preparation

- Stand just behind the front service line
- Racquet held high in front of the body
- Non-racquet arm balances body
- Weight on non-racquet foot

#### Execution

- Step forward onto racquet foot
- Contacts shuttle out in front of the body
- Trajectory: shuttle travels quickly downwards

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands into opponent's body or mid-court

### Forehand overhead drop shot

#### Preparation

- Body slightly side-on to the net with non-racquet foot forward
- Non-racquet arm pointing upwards
- Elbow up with racquet dropped behind the head
- Weight slightly over the rear foot

#### Execution

- Contacts shuttle as high as possible in front of body
- Push the racquet head downward slowly to reduce shuttle speed
- Trajectory: shuttle travels downwards

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located between the net and edge of the service court near the tram lines

### Backhand overhead cross-court drop shot

#### Preparation

- Body turned towards side tramlines so back of the body faces the net
- Leads with elbow up and racquet behind the body
- Weight on the racquet foot
- Non-racquet arm balances the body

#### Execution

- Shuttle hit slightly in front of the body
- Extends arm fully on contact
- Push the racquet head downward slowly and across to reduce shuttle speed
- Trajectory: shuttle travels downwards and across court

#### Completion

- Follow through in the direction of the shot
- Body turns to face the net

#### Outcome

- Shuttle lands in the target area located between the net and edge of the service court near the tram lines

### Forehand smash

#### Preparation

- Body slightly side-on with non-racquet foot forward
- Non-racquet arm pointing upwards
- Elbow up with racquet dropped behind the head
- Weight slightly over the rear foot

#### Execution

- Contact in front of the body
- Extends arm on contact
- Uses downwards throwing action
- Steps through with racquet foot on contact
- Body rotates on contact point
- Trajectory: shuttle travels at speed in downward direction

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located in the back corner of the court at the junction of the two sets of tram lines



### Overhead clear – forehand

#### Preparation

- Body slightly side-on to the net with non-racquet foot forward
- Non-racquet arm pointing upwards
- Elbow up with racquet dropped behind the head
- Weight slightly over the rear foot

#### Execution

- Contacts shuttle as high as possible in front of the body
- Arm pronates on contact
- Shuttle hit firmly
- Steps forward onto racquet foot
- Trajectory: shuttle travels high and deep

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located in the back corner of the court at the junction of the two sets of tram lines

### Overhead clear – backhand

#### Preparation

- Body turned towards side tramlines so back of the body faces the net
- Leads with elbow up
- Weight on racquet foot
- Elbow up with racquet dropped behind the head

#### Execution

- Contacts shuttle as high as possible
- Extends arm fully on contact
- Contact shuttle with a strong, firm hit
- Returns body square to net
- Trajectory: shuttle travels high and deep

#### Completion

- Follow through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located in the back corner of the court at the junction of the two sets of tram lines

### Forehand net attack shot

#### Preparation

- Body square to the net
- Racquet foot slightly forward
- Racquet held high in front of the body
- Shortened forehand grip
- Non-racquet arm balancing the body

#### Execution

- Steps forward with racquet leg
- Extends racquet arm up in front of the body
- Contacts shuttle in front of the body with a strong downward wrist snap
- Trajectory: shuttle travels quickly in a downwards direction

#### Completion

- Uses rebound racquet action

#### Outcome

- Shuttle lands in the target area

### Underarm net tumble shot – forehand

#### Preparation

- Body square to the net with racquet foot slightly forward
- Non-racquet arm balancing the body
- Racquet kept forward – in front of the body
- Racquet face parallel to the floor – back of hand facing downwards

#### Execution

- Steps forward with racquet leg
- Extends racquet arm to net height
- Contacts shuttle with minimal arm swing
- Trajectory: shuttle 'tumbles' over and close to the net

#### Completion

- Pushes back with both legs to base position

#### Outcome

- Shuttle lands just over the net

### Underarm net tumble shot – backhand

#### Preparation

- Body square to the net with racquet foot slightly forward
- Non-racquet arm balancing the body
- Racquet kept forward – in front of the body
- Racquet face parallel to the floor – back of hand facing upwards

#### Execution

- Steps forward with racquet leg
- Extends racquet arm to net height
- Contacts shuttle with minimal arm swing allowing it to tumble over the net
- Trajectory: shuttle ‘tumbles’ over and close to the net

#### Completion

- Pushes back with both legs to base position

#### Outcome

- Shuttle lands just over the net

### Underarm clear – forehand

#### Preparation

- Body square to the net
- Racquet foot steps across to side tramlines
- Racquet held at side of the body

#### Execution

- Point of contact in front of the body
- Contacts shuttle with a firm underarm hit
- Trajectory: shuttle hit deep

#### Completion

- Follows through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located in the back corner of the court at the junction of the two sets of tram lines

### Underarm clear – backhand

#### Preparation

- Racquet foot steps across body to side tramlines
- Racquet arm across the body
- Elbow pointing to the floor
- Racquet up above the shoulder
- Weight on racquet foot

#### Execution

- Point of contact in front of the body
- Swings racquet down, under the shuttle
- Contacts shuttle with a firm underarm hit
- Trajectory: shuttle hit deep

#### Completion

- Follows through in the direction of the shot

#### Outcome

- Shuttle lands in the target area located in the back corner of the court at the junction of the two sets of tram lines

### Drive – forehand

#### Preparation

- Body balanced as racquet foot steps to side tramlines
- Racquet back behind the shoulder with back of hand facing floor

#### Execution

- Transfers weight onto the racquet foot at impact
- Extends arm
- Arm pronates, hitting shuttle with force
- Trajectory: shuttle travels fast and flat skimming the net

#### Completion

- Follows through in the direction of the shot

#### Outcome

- Shuttle lands in target area located in the back corner of the court at the junction of the two sets of tram lines

## Drive – backhand

### Preparation

- Body balanced with racquet foot across the body
- Elbow at shoulder height pointing to the net
- Racquet parallel to the floor
- Palm of hand facing down

### Execution

- Transfers weight onto racquet foot
- Arm extends sideways and shuttle is hit in front of the body
- Arm supinates, hitting the shuttle with force
- Trajectory: shuttle travels fast and flat skimming net

### Completion

- Follows through in the direction of the shot

### Outcome

- Shuttle lands in the target area located in the back corner of the court at the junction of the two sets of tram lines

<b>Game skills</b>		
<b>Tactical problems</b>	<b>OFFENCE</b>	<b>DEFENCE</b>
<b>Setting up/defending an attack</b>	<ul style="list-style-type: none"> <li>• Maintains central court position</li> <li>• Uses appropriate skills, e.g. clears and drop shot to manoeuvre opponent and gain advantage</li> </ul>	<ul style="list-style-type: none"> <li>• Uses appropriate skills, e.g. various serves and clears to improve defence</li> </ul>
<b>Court positioning</b>	<ul style="list-style-type: none"> <li>• Maintains central court position</li> </ul>	<ul style="list-style-type: none"> <li>• Recovers to base with quick footwork</li> <li>• Keeps moving to keep rally going</li> </ul>
<b>Execution of skills</b>	<ul style="list-style-type: none"> <li>• Meets shuttle early – above net height</li> <li>• Holds racquet high out in front of body</li> <li>• Uses a combination of skills to gain a tactical advantage including smash, attack of the serve and drop shot</li> </ul>	<ul style="list-style-type: none"> <li>• Hits shuttle away into furthest corners</li> <li>• Holds racquet out in front of body</li> </ul>
<b>Decision making</b>	<ul style="list-style-type: none"> <li>• Is aware of opponent's position</li> <li>• Anticipates play</li> </ul>	<ul style="list-style-type: none"> <li>• Be patient and move to retrieve all shots back into play</li> <li>• Anticipates play</li> </ul>
<b>Subtotal</b>	<b>20</b>	<b>20</b>
<b>Total</b>	<b>40</b>	

<b>Game skills – marks allocation</b>	
A mark is allocated to the level of performance demonstrated consistently for each element of offence and defence.	
<b>5</b>	Performance is consistent in offence and defence under pressure in a variety of competitive situations. Demonstrates the ability to control play and influence opponent's performance. Selection of movement patterns and skills are effective in achieving the intended outcome.
<b>4</b>	Performance is usually effective in a variety of competitive situations under some pressure. Movement patterns and skills are often effective and achieve the intended outcome.
<b>3</b>	Performance is somewhat effective while demonstrating most components with some success. Overall reflects an adequate level of performance.
<b>2</b>	Achieves some success when performing in a competitive situation but commits a number of errors with respect to execution of skills and appropriate decision making. Sometimes reflects an adequate level of performance.
<b>1</b>	Performs with significant errors with respect to execution of skills and appropriate decision making. Rarely demonstrates an adequate level of performance.
<b>0</b>	Minimum level of performance is not demonstrated