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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Organisation

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Overview

Rationale

Aims

Organisation

Student Diversity

Ways of Teaching

Ways of Teaching Video

Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#) 

 [HPE P-10 Support resources for consent and relationships](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#) 

 [ABLEWA Health & Physical Education Scope & Sequence](#)

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Content structure

The Health and Physical Education curriculum is organised into three strands: Personal, Social and Community Health, Physical Education and Health, Safety and Wellbeing. Each strand is organised into content areas.

Personal, Social and Community Health

- **Being healthy, safe and active**
The content focuses on health, safety and wellbeing, and skills to support students to understand health and safety choices. It includes the context of students' lives. Students also learn about active and healthy living.
- **Communicating and working with others**
The content develops students' ability to critically engage with and apply new information to influence their own and others' choices.
- **Contributing to health and wellbeing**
The content develops students' ability to critically analyse and evaluate the products, services and environments that influence the wellbeing of their communities.

Physical Education

Movement a

- Moving our body
The content lays movement skills. movement skills. performance. The competence and for lifelong partic
- Understanding m
The content focu why our body mc participating in p techniques and s quality of movem and meaning of p others' lives, and
- Learning through
The content focu participation in n communication, c and cooperation. small groups or t challenges. Throu personal and soc with challenges a varied roles withi

The interrelated national curriculum provides communication, self

Figure 1 identifies t



HEA

The content of the s
and others' health, s
common interpersonal
individually and colla

The Health and Phys
The content provide
each focus area.

HEALTH EDUCAT

PERSONAL, SOCIAL AND COMMUNITY HEALTH

- Safe p
- Personal c
- Relat
- Cultural
- Healthy
- Influence

Figure 1: The orga
curriculum

Attitudes an

The Health and Phy
develop positive att
as respect for the ri
experiences, studen
influence they have
are not specified in
others' attitudes an

Focus areas

Focus areas indicat
student engagemen
teach the content in
learning that can be

The focus areas are

- alcohol and other
- food and nutritio
- health benefits o
- mental health an
- relationships and
- safety
- active and minor
- challenge and ad

- fundamental movement skills
- games and sport
- lifelong physical activity
- rhythmic and expressive movement

Year level descriptions

Year level descriptions describe the learning outcomes expected of students at each year level. They also provide a general expectation that physical education programs should meet.

Content descriptions

Content descriptions are the specific knowledge and skills that students are expected to learn. They describe the content that is taught in physical education programs. Content descriptions are organized into learning areas and are expected to be taught in a sequential and cumulative manner. Content descriptions are also expected to be taught in a way that is appropriately ordered and sequenced, and that builds on previous learning. Content descriptions are also expected to be taught in a way that is extended at later year levels.

Additional content descriptions are provided for teaching programs that are designed to meet the needs of students with specific learning needs. These additional content descriptions take into account learning difficulties and provide a range of activities and tasks that can be used to support these students.

The additional content descriptions are provided to support the teaching of the content descriptions to students with specific learning needs.

Achievement standards

From Pre-primary to Year 10, students are expected to achieve a range of performance standards in physical education. These standards are based on the content descriptions and are expected to be achieved by all students. An achievement standard is a statement of the level of performance that is expected of students at a particular year level.

conceptual understand
student is well-placed
achievement.

Glossary

A glossary is provided
concepts included in

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