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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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ABLEWA Stage ATest

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Year Stage Description

Overview

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 ABLEWA Health & Physical Education Scope & Sequence
 ABLEWA Health & Physical Education Scope & Sequence

Filters

ABLEWA Stage A

Year Stage Description

The Stage A curriculum provides the knowledge and skills for students to understand themselves and explain their actions to others in a safe and healthy way.

Students develop the ability to communicate with others and work with people.

Students learn through fundamental movement skills and develop their movement abilities.

For Stage A, teachers should reflect the physical environment, but are not required to include:

- alcohol and other substances
- food and nutrition
- health benefits of physical activity
- mental health and wellbeing
- relationships and social skills
- safety (S)
- active play and recreation
- challenge and adventure
- games and sport
- fundamental movement skills

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Year Levels

- ☒ Select All

Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding

- lifelong physical
- rhythmic and exp

Personal, social health

BEING HEALTHY, SAFE

Identify self (self-av
[\(VCHPEP001\)](#)

React as body parts
named [\(VCHPEP002\)](#)

React to significant
[\(VCHPEP003\)](#)

COMMUNICATING AND HEALTH AND WELL BEI

React to people and
experiences [\(VCHPEP004\)](#)

Use facial expressio
emotion and demo
[\(VCHPEP005\)](#)

CONTRIBUTING TO HEA COMMUNITIES

Experience health a
[\(VCHPEP006\)](#)

Achievement st

By the end of Stage emotions people ex healthy, safe and p can be active. Stud when moved by oth

Students develop p demonstrate an aw They demonstrate ; with assistance, saf coactively perform challenges.

The Stage A curriculum provides the basis for developing know and active lives. Students learn about themselves and experier safe.

Students develop their awareness of others and explore the im

Students learn through movement in a range of settings. They engage in movement activities and explore their environment. This establishes their abilities.

For Stage A, teachers need to select focus areas that are age appropriate and consider the maturation of the student. The focus areas include, but are not limited to:

- alcohol and other drugs (AD)
- food and nutrition (FN)
- health benefits of physical activity (HBPA)
- mental health and wellbeing (MH)
- relationships and sexuality (RS)
- safety (S)
- active play and minor games (AP)
- challenge and adventure activities (CA)
- games and sports (GS)
- fundamental movement skills (FMS)
- lifelong physical activities (LLPA)
- rhythmic and expressive movement activities (RE).

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