

Downloaded from

<https://k10outline.scsa.wa.edu.au/home/teaching/curriculum-browser/health-and-physical-education/year-10> on 03/07/2024  
check website for latest version.



School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

 Extranet Login

[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

[Re](#)

You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

# Year 10 SyllabusTest

[Download Curriculum as PDF](#)

**Year Level Description**

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

## Filters



# Year 10 Syllabus

## Year Level Description

In Year 10, the content addresses the broader issues that affect their decisions and evaluate broader community techniques to enhance and scrutinise health matters.

In continuing to improve movement skills within contexts. They use greater consistency of outcome of previous principles to analyse techniques necessary for

Students self-assess solving approaches relationships. They physical activities in

The Health and Physical develop, enhance a

## Personal, social and health

## Show/Hide Curriculum

- Year level descriptors
- Content Descriptions
- Achievements Standards
- Icons

## Year Levels

- Select All

## Strands

- Select All
- Movement and physical activity
- Personal, social and community health

## General Capabilities





- Select All
- Literacy
- Numeracy
- Information and Communication Technology (ICT) capability
- Critical and creative thinking
- Personal and social capability
- Ethical understanding
- Intercultural understanding

## BEING HEALTHY, SAFE,

The impact of social influences on personal health behaviour, such as:

- how diversity and difference are represented in the media
- differing cultural practices surrounding health and adulthood

### [\(ACPPS089\)](#)

-  Literacy
-  Critical and creative thinking
-  Personal and social capability
-  Intercultural understanding

Skills and strategies to use in situations where:

- risk is encouraged
- response to an emergency is required; for example:
  - water environments
  - road traumas
  - alcohol and other drugs

### [\(AC9HP10P08\)](#)

-  Literacy

---

 Critical and creativ

 Personal and socia

Analysis of images  
the media related t

- alcohol and other
- body image
- fast food
- road safety
- relationships

[\(ACPPS092\)](#)

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

External influences  
sexual health behav  
impact decisions ar  
their own and other  
wellbeing ([ACPPS092](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

COMMUNICATING AND

## HEALTH AND WELL BEI

Skills and strategies:  
respectful relations

- appropriate emotion  
variety of situatic
- taking action if a  
respectful
- appropriate bysta  
physical and onli

[\(ACPPS093\)](#)

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

 Intercultural under

Effects of emotiona  
relationships, such

- extreme emotion  
situations or rela
- the consequence  
emotions of othe

[\(ACPPS094\)](#)

 Literacy

 Critical and creativ

 Personal and social

 Ethical understand

Critical health literacy  
strategies:

- evaluating health  
community
- examining policies  
ensuring safer be

[\(ACPPS095\)](#)

 Literacy

 Critical and creativ

 Personal and social

Strategies are exam  
communicating chc  
and denying conser  
opinions and needs  
the development of  
relationships, includ  
relationships

For example:

- reflecting on the  
their own behavior  
the importance of  
responsibility for  
ensure they do n

- refining strategies clearly and respecting needs and opinions relationship scenarios peer group, family

[\(AC9HP10P07\)](#)

 Literacy

 Critical and creative

 Personal and social

## CONTRIBUTING TO HEALTHY COMMUNITIES

Health campaigns and based activities designed to raise awareness, influence and promote healthy behaviors and increase connections [\(ACPPS096; ACPPS097\)](#)

 Literacy

 Critical and creative

 Personal and social

 Intercultural understanding

Social, economic and environmental factors that influence health

- level of education

- income/employment
- social networks and friends and community
- housing
- access to services

([ACPPS098](#))

 Literacy

 Critical and creative thinking

 Personal and social capability

 Ethical understanding

 Intercultural understanding

---

## Achievement standard

### Health Education

At Standard, students understand personal identity and gender, diversity and health, and propose actions for community health and well-being.

Students evaluate their skills and strategies to address disrespect and discrimination.

### Physical Education



At Standard, students sequences and impact on the outcome of performing skills that

Students describe and improving performance perceived exertion behaviour in competitive performance.

In Year 10, the content provides students with the opportunity to study external influences on health decisions and evaluate their community. Students continue to develop and refine communication analytical skills to scrutinise health messages in a range of contexts.

In continuing to improve performance, students transfer learning success across a variety of contexts. They use feedback to improve and critically evaluate movement responses based on the outcome biomechanical principles to analyse movement, students broaden enhanced athletic performance.

Students self-assess their own and others' leadership styles and contribute to effective team relationships. They are also providing activities in coaching, coordinating or officiating roles.

The Health and Physical Education curriculum provides opportunities values that promote a healthy lifestyle.

[Principles](#)

[Teaching](#)

[Assessing](#)

[Policy](#)

[Resources](#)

**Subscribe to our monthly K-10 Circular**

wa.gov.au 