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School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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# Year 5 SyllabusTest

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**Year Level Description**

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching



Ways of Teaching Video

Ways of Assessing



General Capabilities

Cross-curriculum Priorities



Glossary



 HPE P-10 Scope and Sequence for teaching in 2024 

 HPE P-10 Scope and Sequence for teaching in 2024 

 HPE P-10 Support resources for consent and relationships 

Professional learning 

 ABLEWA Health & Physical Education Scope & Sequence 

 ABLEWA Health & Physical Education Scope & Sequence 

## Filters



# Year 5 Syllabus

## Year Level Description

In Year 5, the content focuses on the influence of emotions and strategies to manage their lives. They learn lifestyle practices in preventive measures.

Students develop a movement skills, strength position in relation to them to successfully

Students examine the activity participation promoting fair play

The Health and Physical develop, enhance a

## Personal, social and health

### BEING HEALTHY, SAFE AND

Ways that individuals to different contexts

## Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

## Year Levels

- ☒ Select All





## Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

## General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding




## [\(ACPPS051\)](#)

-  Literacy
-  Critical and creativ
-  Personal and socia
-  Intercultural under

Changes associated  
vary with individual

- physical
- mental
- emotional



## [\(ACPPS052\)](#)

-  Literacy
-  Critical and creativ
-  Personal and socia

Reliable sources of  
inform health, safet  
such as:

- internet-based in
- community healt
- publications and

## [\(ACPPS053; ACPPS0](#)

-  Literacy
-  Critical and creativ

Strategies that promote a healthy lifestyle

For example:

- comparing food labels
- increased physical activity
- practising sun safety
- using action plans in high-risk situations to ensure safety for themselves and others

([AC9HP6P10](#))

 Literacy

 Critical and creative thinking

 Personal and social capability

## COMMUNICATING AND HEALTH AND WELL BEING

Skills and strategies to manage relationships as:

- exploring why relationships are important
- assessing the impact of relationships on health and well-being
- building new friendships
- dealing with bullying

([ACPPS055](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

Ways in which inap  
responses impact o  
such as:

- loss of trust
- fear
- loss of respect

([ACPPS056](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

Strategies for seeki  
denying consent ar  
how to communicat  
effectively are rehe  
For example:

- exploring the ste  
responding, liste  
and practising hc  
their intentions e  
step

- interpreting verbal cues related to sexual denying consent situations

([AC9HP6P07](#))

 Literacy

 Critical and creative

 Personal and social

 Ethical understanding

## CONTRIBUTING TO HEALTHY COMMUNITIES

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Preventive health n promote and maintain health, safety and w

- bicycle safety
- sun safety

([ACPPS058](#))

 Literacy

 Critical and creative

 Personal and social

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## Achievement st

## Health Education

At Standard, student  
and adapting to change

They identify emotions  
and strategies to manage

### **Physical Education**

At Standard, student  
They implement skills  
to challenges involving

Students explain scientific  
physical fitness in relation  
identify the effects of  
are manipulated. Students  
effective when taking

In Year 5, the content provides students with the opportunity to  
and to develop skills and strategies to manage changing relationships  
about ways they can take action to promote safe and healthy living  
importance of preventive measures to enhance their own health

Students develop and refine greater proficiency across a range  
focus on improving awareness of body position in relation to objects  
them to successfully achieve movement outcomes or goals.

Students examine the different roles and responsibilities associated  
ethical behaviour that is consistent with promoting fair play and

The Health and Physical Education curriculum provides opportunity

values that promote a healthy lifestyle.

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