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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Year 8 SyllabusTest

[Download Curriculum as PDF](#)

Year Level Description

Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

Filters



Year 8 Syllab

Year Level Descri

In Year 8, the conte changes to their ide refine decision-mak online environment improve the health health literacy skills credible sources of

Students continue t knowledge of sophi array of physical ac others' performance patterns and sugge

Students continue t inclusive participati

The Health and Phy develop, enhance a

Personal, social health

BEING HEALTHY, SAFE

The impact of phys

Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

Year Levels

- ☒ Select All





Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health




General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding




gender, cultural and
([ACPPS070](#))

-  Literacy
-  Critical and creativ
-  Personal and socia
-  Intercultural under




Ways in which char
attractions form pa
sexual identities ([A](#)

-  Literacy
-  Critical and creativ
-  Personal and socia

Strategies for mana
nature of peer and
([ACPPS071](#))

-  Literacy
-  Critical and creativ
-  Personal and socia

Communication tec
someone to seek h

-  Literacy
-  Critical and creativ
-  Personal and socia

The reasons why you
to use or not use drugs

 Literacy

 Critical and creative

 Personal and social

Skills and strategies for
physical and mental
wellbeing in various
For example:

- assertive responses
- stress management
- refusal skills
- online environments
- making informed
- contingency planning
- demonstrating behaviour
medical circumstances
life-threatening behaviour
strains

([AC9HP8P10](#))

 Literacy


 Critical and creative

 Personal and social

**COMMUNICATING AND
HEALTH AND WELL BEING**

The impact bullying can have on relationships and the wellbeing of themselves and others
([ACPPS074](#))

 Literacy

 Information and Communication Technology (ICT) capabilities

 Critical and creative thinking

 Personal and social capabilities

 Ethical understanding

Personal, social and emotional learning influences behaviour, such as:

- prior experience
- norms and expectations
- personal beliefs and attitudes

([ACPPS075](#))

 Literacy

 Critical and creative thinking

 Personal and social capabilities

 Ethical understanding

 Intercultural understanding

Sources of health information

support people who
a challenging time

 Literacy

 Critical and creativ

 Personal and socia

Strategies and skills
assertively when se
denying consent ar
applied

For example:

- exploring assertiv
communication
- examining the na
different types of

([AC9HP8P07](#))

 Literacy

 Critical and creativ

 Personal and socia

CONTRIBUTING TO HEA COMMUNITIES

Health promotion a
target relevant hea
people and ways to
([ACPPS077](#))

 Literacy

 Critical and creative

 Personal and social

Benefits to individuals and communities of value
promoting inclusivity

- respecting diversity
- exploring how the
and practices of
enhance the well
community
- challenging racism
sexism and disability
- researching how
prejudices have been
various contexts

([ACPPS078](#); [ACPPS079](#))

 Literacy

 Critical and creative

 Personal and social

 Ethical understanding

 Intercultural understanding

Achievement standard

Health Education

At Standard, students understand all aspects of their health and using assertive responses to health.

Students identify the range of factors and

Physical Education

At Standard, students demonstrate sequences demonstrate performance. In comparison to an intended outcome

Students provide significant rate in response to linear, angular and outcomes. When faced with simple tactical responses

In Year 8, the content provides opportunities for students to further develop their skills. They continue to develop and refine decision-making skills in various environments. They investigate health-promotion activities that continue to develop critical health literacy skills, including the ability to evaluate health information.

Students continue to broaden their repertoire of specialised motor skills

skills, and apply these to an expanding array of physical activity performance and use basic terminology and concepts to describe performance outcomes.

Students continue to reflect on, and refine, personal and social contribute to positive team cohesion.

The Health and Physical Education curriculum provides opportunities that promote a healthy lifestyle.

Principles

Teaching

Assessing

Policy

Resources

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