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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Organisation

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Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#) 

 [HPE P-10 Support resources for consent and relationships](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#) 

 [ABLEWA Health & Physical Education Scope & Sequence](#)

[◀ Return to Health and Physical Education](#)

Content structure

The Health and Physical Education curriculum is organised into three strands: Personal, Social and Community Health, Physical Education and Health and Physical Education. Each strand is organised into content strands, so that students can develop their understanding of health and physical education through a range of experiences.

Personal, Social and Community Health

- Being healthy, safe and active. The content focuses on health, safety and active choices. It includes the context of health and safety in the community. Students also learn about health and safety in the workplace and in the home.
- Communicating and working with others. The content develops critical thinking skills and encourages students to critically engage with information and apply new information to their own lives. It also encourages students to influence their own and others' health and safety choices.
- Contributing to health and safety. The content develops critical thinking skills and encourages students to critically analyse the health and safety of products, services and communities. It also encourages students to contribute to the health and safety of their communities and the wellbeing of their own and others.

Movement a

- Moving our body
The content lays movement skills. movement skills. performance. The competence and for lifelong partic
- Understanding m
The content focu why our body mc participating in p techniques and s quality of movem and meaning of p others' lives, and
- Learning through
The content focu participation in n communication, c and cooperation. small groups or t challenges. Throu personal and soc with challenges a varied roles withi

The interrelated national curriculum provides communication, self

Figure 1 identifies t



HEALTH

The content of the s
and others' health, s
common interpersonal
individually and colla

The Health and Phys
The content provide
each focus area.

HEALTH EDUCAT

PERSONAL, SOCIAL AND COMMUNITY HEALTH

- Safe p
- Personal c
- Relat
- Cultural
- Healthy
- Influence

Figure 1: The orga
curriculum

Attitudes an

The Health and Phy
develop positive att
as respect for the ri
experiences, studen
influence they have
are not specified in
others' attitudes an

Focus areas

Focus areas indicat
student engagemen
teach the content in
learning that can be

The focus areas are

- alcohol and other
- food and nutritio
- health benefits o
- mental health an
- relationships and
- safety
- active and minor
- challenge and ad

- fundamental movement skills
- games and sport
- lifelong physical activity
- rhythmic and expressive movement

Year level descriptions

Year level descriptions are provided for each year level. They also provide an indication of the expectation that places

Content descriptions

Content descriptions are provided for each year level. They are expected to teach the content and the approaches to teaching that is appropriately ordered and sequenced. The concept or skill introduced in the year level is extended at later year levels.

Additional content descriptions are provided for teaching programs. These are intended to take into account learning needs of students.

The additional content descriptions are intended to

Achievement standards

From Pre-primary to Year 10, the achievement standards provide a guide to what students should be able to do. An achievement standard is a statement of what a student should be able to do

conceptual underst
student is well-plac
achievement.

Glossary

A glossary is provid
concepts included i

Principles

Teaching

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Policy

Resources

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