

Downloaded from <https://k10outline.scsa.wa.edu.au/home/p-10-curriculum/curriculum-browser/syllabus/health-and-physical-education-overview/rationale> on 05/05/2024 check website for latest version.



School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

 Extranet Login

[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

[Re](#)

You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

# Rationale

[Download Curriculum as PDF](#)

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#) 

 [HPE P-10 Support resources for consent and relationships](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#) 

 [ABLEWA Health & Physical Education Scope & Sequence](#)

In Health and Physical Education, students learn to care for others' health, safely in changing contexts. Students experience enjoyable and physically

In Health and Physical Education, students learn to care for others' health, safely in changing contexts. Students experience enjoyable and physically

Integral to Health and Physical Education are concepts and strategies that creatively participate in settings. Students learn to overcome challenges; how to engage in activity to themselves in contexts and settings, interpersonal, social

Through Health and Physical Education, students learn to care for safety and wellbeing in communities. It promotes dispositions to health and wellbeing

◀ [Return to Health and Physical Education](#)

The Health and Physical Education curriculum for a healthy, active population is shaped by the following evidence base:

1. Focus on education

The curriculum focuses on understanding and knowledge as a priority for the curriculum, with explicit teaching and learning.

2. Take a strengths-based approach

A strengths-based approach to develop knowledge and active choices have particular significance.

3. Value movement

The curriculum focuses on concepts requiring competence and confidence over a lifespan, and positive health.

4. Develop health literacy

The development of health literacy over their health and well-being.

individual and po  
understanding ar

- functional – kn  
evaluating and
- interactive – kr  
and setting go
- critical – skills  
health informa  
others' health.

5. Include a critical

The curriculum e  
research skills ar  
and the way this

Principles

Teaching

Assessing

[Policy](#)

[Resources](#)

Subscribe to our monthly K–10 Circular

[wa.gov.au](https://www.wa.gov.au) 