

Downloaded from

<https://k10outline.scsa.wa.edu.au/home/teaching/curriculum-browser/health-and-physical-education/ablewa-stage-c> on 06/06/2023 check website for latest version.



School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

 Extranet Login

[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

[Re](#)

You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

ABLEWA Stage CTest

[Download Curriculum as PDF](#)

Year Stage Description

Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video


Ways of Assessing


General Capabilities


Cross-curriculum Priorities


Glossary

 [Health & Physical Education Scope and Sequence](#)

 [Health & Physical Education Scope and Sequence](#)

 [Health & Physical Education Additional Content](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

Filters



ABLEWA Stage

Year Stage Description

The Stage C curriculum and skills for students to develop their personal characteristics, understand themselves, healthy living, a healthy life, and indicate/communicate.

Students develop the importance of participating in physical activity in specific situations, respond to the emotions to respond to other simple decisions, be

Students engage in equipment in a range through active play, understandings of safety and develop a movement.

For Stage C, teachers reflect the physical education include, but are not

- alcohol and other
- food and nutrition

Show/Hide Curriculum

- Year level descriptors
- Content Descriptions
- Achievements Standards
- Icons

Year Levels

- Select All

Strands

- Select All
- Movement and physical activity
- Personal, social and community health

General Capabilities

- Select All
- Literacy
- Numeracy
- Information and Communication Technology (ICT) capability
- Critical and creative thinking
- Personal and social capability
- Ethical understanding

- health benefits of
- mental health an
- relationships and
- safety (S)
- active play and n
- challenge and ad
- games and sport
- fundamental mov
- lifelong physical
- rhythmic and exp

Personal, social and community health

BEING HEALTHY, SAFE AND

Identify their personal, social and community health capabilities [\(VCHPEP029\)](#)

Identify major body systems and their functions [\(VCHPEP030\)](#)

Identify and name members of their immediate family and describe their safety awareness, risk management instructions and identify unsafe places and items in their environment [\(VCHPEP031\)](#)

COMMUNICATING AND

Practise personal h
independence skills
including taking tur

Explore their feeling
expressing their ne
dislikes using simpl
tools ([VCHPEP033](#))

CONTRIBUTING TO HEA COMMUNITIES

Practise a variety o
wellbeing actions ([V](#))

Participate in struct
settings ([VCHPEP03](#))

Achievement st

By the end of Stage
and changed. They
experience and bec
safe and physically

They identify some

activity to a location
maintain balance a
surfaces and use a

Students use perso
Students actively p
independently. The
healthy in different
familiar persons an
and rejecting things
some acceptable w
help. They perform
the playground and

The Stage C curriculum provides the basis for developing know and active lives. Students learn about their personal characteristics themselves healthy and safe. Students are introduced to the basic routines and ways to indicate/communicate personal needs.

Students develop their capacity to participate in respectful relationships school, at home, in the classroom and when participating in physical in specific situations and contexts, to regulate their emotional expression identify the cause of their feelings, how to respond to others' feelings simple decisions, become socially aware and responsive to people

Students engage in a variety of physical education experiences develop and practise basic motor skills through active play and understandings of safety rules when participating in structured

For Stage C, teachers need to select focus areas that are age a maturation of the student. The focus areas include, but are not

- alcohol and other drugs (AD)
- food and nutrition (FN)
- health benefits of physical activity (HBPA)
- mental health and wellbeing (MH)
- relationships and sexuality (RS)
- safety (S)
- active play and minor games (AP)
- challenge and adventure activities (CA)
- games and sports (GS)
- fundamental movement skills (FMS)
- lifelong physical activity (LLPA)
- rhythmic and expressive movement activities (RE).

Principles

Teaching

Assessing

[Policy](#)

[Resources](#)

Subscribe to our monthly K-10 Circular

wa.gov.au 