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School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

[Re](#)

You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

# ABLEWA Stage DTest

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**Year Stage Description**

## Overview

Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video


Ways of Assessing


General Capabilities


Cross-curriculum Priorities


Glossary

 [Health & Physical Education Scope and Sequence !\[\]\(182077db5bac9ff62bf376fe37ffa951\_img.jpg\)](#)

 [Health & Physical Education Scope and Sequence !\[\]\(f822cba4d3f2ea10b4ad95c475f0f631\_img.jpg\)](#)

 [Health & Physical Education Additional Content !\[\]\(9ab0e0ed3a1c2d865b438a931465ce60\_img.jpg\)](#)

 [ABLEWA Health & Physical Education Scope & Sequence !\[\]\(fe5cf1978663f480c504f8fc2019fe62\_img.jpg\)](#)

 [ABLEWA Health & Physical Education Scope & Sequence !\[\]\(2a30f8f4aa91bd6e751eede05a6a74ad\_img.jpg\)](#)

## Filters

# ABLEWA Stage

## Year Stage Description

The Stage D curriculum and skills for students build on their strengths and encourage their classmates healthy eating, feel

Students explore the ways to initiate and maintain healthy eating, feel show some considerations including at school, and activities.

Students learn through a range of environmental games with support to practise fundamental movement activities and abilities.

For Stage D, teachers should reflect the physical activities include, but are not

- alcohol and other
- food and nutrition
- health benefits of
- mental health and

## Show/Hide Curriculum

- Year level descriptors
- Content Descriptions
- Achievements Standards
- Icons

## Year Levels

- Select All

## Strands

- Select All
- Movement and physical activity
- Personal, social and community health

## General Capabilities

- Select All
- Literacy
- Numeracy
- Information and Communication Technology (ICT) capability
- Critical and creative thinking
- Personal and social capability
- Ethical understanding

- relationships and
- safety (S)
- active play and n
- challenge and ad
- fundamental mov
- games and sport
- lifelong physical
- rhythmic and exp

## Personal, social health

### BEING HEALTHY, SAFE

Identify what they c

Identify the major p  
their names and se  
major stages of life

Demonstrate an un  
different kinds of re  
identify some priva  
and unsafe places c  
[\(VCHPEP045\)](#)

### COMMUNICATING AND HEALTH AND WELL BEI

Practise personal sl

hygiene and independence  
practise social skills  
others [\(VCHPEP046](#)

Identify emotional responses  
describe their feelings  
and/or words [\(VCHPEP046](#)

## CONTRIBUTING TO HEALTHY COMMUNITIES

Explore what actions  
safety and wellbeing

Explore play in outdoor  
the natural environment

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## Achievement statement

By the end of Stage 1  
identify and describe  
this way.

They recognise someone  
physically active. They  
they move and play

movement.

Students make use and work with other protective behaviours in different routines across simple gross motor

The Stage D curriculum provides the basis for developing knowledge and active lives. Students learn about their strengths and simple healthy and safe. They learn about major body parts, their families

Students explore the people that are important to them and develop relationships in different contexts. They learn to show some confidence including at school, at home, in the classroom and when participating

Students learn through movement by engaging in a variety of physical and aquatic activities. Students participate in simple games with support to practise fundamental movement skills through active play and build confidence in their movement abilities.

For Stage D, teachers need to select focus areas that are age appropriate and the maturation of the student. The focus areas include, but are not limited to:

- alcohol and other drugs (AD)
- food and nutrition (FN)
- health benefits of physical activity (HBPA)
- mental health and wellbeing (MH)
- relationships and sexuality (RS)
- safety (S)

- active play and minor games (AP)
- challenge and adventure activities (CA)
- fundamental movement skills (FMS)
- games and sports (GS)
- lifelong physical activities (LLPA)
- rhythmic and expressive movement activities (RE).

Principles

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