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Organisation

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Overview

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HPE P-10 Scope and Sequence f or teaching in 2024

HPE P-10 Scope and Sequence for r teaching in 2024

HPE P-10 Support resources for c onsent and relationships

ABLEWA Health & Physical Educa

tion Scope & Sequence 🛛

ABLEWA Health & Physical Educa tion Scope & Sequence

Return to Health and

Content stru

The Health and Phy social and commun each strand is orga

Personal, so

- Being healthy, sa The content focu health, safety an and skills to supp understand healt active choices. Ir and the contextu Students also lea activity and deve
- Communicating a The content deve critically engage apply new inform influence their ov
- Contributing to h
 The content deve
 critically analyse
 communities. The
 products, service
 wellbeing of their

Physical Education

Movement a

- Moving our body The content lays movement skills.
 movement skills.
 performance. The competence and for lifelong partic
- Understanding m The content focu why our body mc participating in p techniques and s quality of mover and meaning of p others' lives, and
- Learning through The content focu participation in m communication, and cooperation.
 and cooperation.
 small groups or t challenges. Throu personal and soc with challenges a varied roles withi

The interrelated na curriculum provides communication, sel

Figure 1 identifies t

HEA

The content of the s and others' health, s common interpersor individually and colla

The Health and Phys The content provide each focus area.



Figure 1: The orga curriculum

Attitudes an

The Health and Phy develop positive at as respect for the ri experiences, stude influence they have are not specified in others' attitudes an

Focus areas

Focus areas indicat student engagemei teach the content ii learning that can be

The focus areas are

- alcohol and other
- food and nutritio
- health benefits of
- mental health an
- relationships and
- safety
- active and minor
- challenge and ad

- fundamental mov
- games and sport
- lifelong physical
- rhythmic and exp

Year level de

Year level description year level. They als expectation that pla

Content des

Content description are expected to tea approaches to teac is appropriately ord concept or skill intr extended at later y

Additional content (teaching programs. into account learnir

The additional cont

Achievemen

From Pre-primary to that students shoul An achievement sta

conceptual underst student is well-plac achievement.

Glossary

A glossary is provid concepts included i

Principles

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