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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Organisation

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Overview

Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video



Ways of Assessing


General Capabilities



Cross-curriculum Priorities


Glossary

 Health & Physical Education Scope and Sequence

 Health & Physical Education Scope and Sequence 

 Health & Physical Education Additional Content

 ABLEWA Health & Physical Education Scope & Sequence 

 ABLEWA Health & Physical Education Scope & Sequence

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Content structure

The Health and Physical Education curriculum is organised into three strands. Each strand is organised into content descriptors.

Personal, Social and Community

- **Being healthy, safe and active**
The content focuses on health, safety and active living, and skills to support understanding health and active choices. It includes the context of students' lives. Students also learn about activity and development.
- **Communicating and participating**
The content develops critical thinking skills to engage and apply new information to influence their own and others' choices.
- **Contributing to health and wellbeing**
The content develops critical thinking skills to analyse and evaluate the products, services and wellbeing of their communities.

Physical Education

Movement a

- Moving our body
The content lays movement skills. movement skills. performance. The competence and for lifelong partic
- Understanding m
The content focu why our body mc participating in p techniques and s quality of movem and meaning of p others' lives, and
- Learning through
The content focu participation in n communication, c and cooperation. small groups or t challenges. Throu personal and soc with challenges a varied roles withi

The interrelated national curriculum provides communication, self

Figure 1 identifies t



HEA

The content of the s
and others' health, s
common interpersonal
individually and colla

The Health and Phys
The content provide
each focus area.

HEALTH EDUCAT

PERSONAL, SOCIAL AND COMMUNITY HEALTH

Safe p
Personal c
Relat
Cultural
Healthy
Influence

Figure 1: The orga
curriculum

Attitudes an

The Health and Phy
develop positive att
as respect for the ri
experiences, studen
influence they have
are not specified in
others' attitudes an

Focus areas

Focus areas indicat
student engagemen
teach the content in
learning that can be

The focus areas are

- alcohol and other
- food and nutritio
- health benefits o
- mental health an
- relationships and
- safety
- active and minor
- challenge and ad

- fundamental movement skills
- games and sport
- lifelong physical activity
- rhythmic and expressive movement

Year level descriptions

Year level descriptions describe the learning outcomes expected of students at each year level. They also describe the content and the level of difficulty of the content, and the expectation that physical education teachers should have of their students.

Content descriptions

Content descriptions describe the content that is expected to be taught in each year level. They also describe the level of difficulty of the content, and the expectation that physical education teachers should have of their students. Content descriptions are expected to be taught in a variety of teaching approaches to teaching physical education. The content is appropriately ordered and sequenced so that a concept or skill introduced in one year level is extended at later year levels.

Additional content descriptions are provided for each year level to describe the content that is expected to be taught in each year level. These additional content descriptions are intended to be used in teaching programs that are designed to meet the needs of students with specific learning needs. These additional content descriptions take into account learning difficulties that may affect students' ability to learn the content.

The additional content descriptions are intended to be used in teaching programs that are designed to meet the needs of students with specific learning needs.

Achievement standards

From Pre-primary to Year 10, the achievement standards describe the level of performance that students should be expected to achieve. An achievement standard is a statement of the level of performance that is expected of students at each year level. The achievement standards are intended to be used in teaching programs that are designed to meet the needs of students with specific learning needs.

conceptual understanding
student is well-placed
achievement.

Glossary

A glossary is provided
concepts included in

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