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School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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# Year 1 SyllabusTest

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**Year Level Description**

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

## Filters



# Year 1 Syllab

## Year Level Descri

In Year 1, the conte to better understand Students learn about important to eat a b develop strategies with others. Opportunities how they influence

Students focus on c more effectively an skills. They learn ak cooperatively to lea and physical activit

The Health and Phy develop, enhance a

## Personal, social health

### BEING HEALTHY, SAFE

Personal strengths change over time (

 Literacy

## Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

## Year Levels



- ☒ Select All

## Strands




- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

## General Capabilities




- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding

-  Critical and creative thinking
-  Personal and social capability

The strengths of ot contribute to positive as games and physical (ACPPS015)

-  Literacy
-  Critical and creative thinking
-  Personal and social capability

Ways in which the individuals grow old

-  Literacy
-  Critical and creative thinking
-  Personal and social capability

Strategies to use with For example:

- dialling 000 in an providing relevant
- reading basic safety
- accessing a safety network
- asking a trusted person

(AC9HP2P05)

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 Literacy

 Critical and creative

 Personal and social

The benefits of health and  
regular physical activity on  
wellbeing ([ACPPS019](#))

 Literacy

 Critical and creative

 Personal and social

## COMMUNICATING AND HEALTH AND WELL BEING

Appreciation and empathy  
behaviour of others

- manners
- positive language
- praise

([ACPPS019](#))

 Literacy

 Critical and creative

 Personal and social

Positive ways to regulate  
emotions in different  
as:

- walking away
- seeking help
- remaining calm

([ACPPS020](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

Ways health messa  
communicated on:

- television
- posters
- radio

([ACPPS021](#))

 Literacy

 Critical and creativ

 Personal and socia

Strategies to use w  
seek, give or deny |  
practised.

For example:

- saying 'yes' and 'no' in a clear manner, and using verbal cues and gesture

- interacting with c  
respectful way in  
activities, regard  
gender, abilities,

([AC9HP2P04](#))

 Literacy

 Critical and creativ

 Personal and socia

## CONTRIBUTING TO HEA COMMUNITIES

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Actions that suppor  
such as:

- moving around s
- sharing appropri
- following class ru

([ACPPS022](#))

 Literacy

 Critical and creativ

 Personal and socia

Physical activities t  
in natural and built  
community ([ACPPS](#)

 Literacy

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## Achievement st

### **Health Education**

At Standard, studer  
and apply a range c  
and safe.

While interacting w  
positive behaviour

### **Physical Educatio**

At Standard, studer  
body management,  
they participate in :

Students provide a  
they are physically  
demonstrate fair pl

In Year 1, the content builds on the learning from Pre-primary a  
identities and how these change over time. Students learn abou  
important to eat a healthy diet and participate in regular physic  
and skills to enhance their interactions with others. Opportuniti  
they influence choices and behaviours.

Students focus on continuing to develop fundamental movement transfer and apply simple movement skills. They learn about character and learn new skills and solve movement challenges through games.

The Health and Physical Education curriculum provides opportunities and values that promote a healthy lifestyle.

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