

Downloaded from

<https://k10outline.scsa.wa.edu.au/home/teaching/curriculum-browser/health-and-physical-education/year-1> on 22/10/2021  
check website for latest version.



School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

 Extranet Login

[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

[Re](#)

You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

# Year 1 SyllabusTest

[Download Curriculum as PDF](#)

**Year Level Description**

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching



Ways of Teaching Video



Ways of Assessing



General Capabilities



Cross-curriculum Priorities



Glossary

 Health & Physical Education Scope and Sequence 

 Health & Physical Education Scope and Sequence 

 Health & Physical Education Additional Content 

 ABLEWA Health & Physical Education Scope & Sequence 

 ABLEWA Health & Physical Education Scope & Sequence 

## Filters



# Year 1 Syllak

## Year Level Descri

In Year 1, the conte to better understand Students learn about important to eat a develop strategies with others. Opportunities how they influence

Students focus on c more effectively an skills. They learn ak cooperatively to lea and physical activit

The Health and Phy develop, enhance a

## Personal, social health

### BEING HEALTHY, SAFE,

Personal strengths change over time (L

 Literacy

## Show/Hide Curriculum

- Year level descriptors
- Content Descriptions
- Achievements Standards
- Icons

## Year Levels



- Select All

## Strands




- Select All
- Movement and physical activity
- Personal, social and community health

## General Capabilities




- Select All
- Literacy
- Numeracy
- Information and Communication Technology (ICT) capability
- Critical and creative thinking
- Personal and social capability
- Ethical understanding

-  Critical and creative thinking
-  Personal and social capability

The strengths of otl contribute to positive outcomes as games and physical activity ([ACPPS015](#))

-  Literacy
-  Critical and creative thinking
-  Personal and social capability

Ways in which the learning of individuals grow old

-  Literacy
-  Critical and creative thinking
-  Personal and social capability

Strategies to use with such as:

- dialling 000 in an emergency
- reading basic safety signs
- accessing a safety network
- asking a trusted person for help

([ACPPS017](#))

-  Literacy

## Intercultural understanding

---

 Critical and creativ

 Personal and socia

The benefits of hea  
regular physical act  
wellbeing ([ACPPS01](#))

 Literacy

 Critical and creativ

 Personal and socia

## COMMUNICATING AND HEALTH AND WELL BEI

Appreciation and ei  
behaviour of others

- manners
- positive language
- praise

([ACPPS019](#))

 Literacy

 Critical and creativ

 Personal and socia

Positive ways to rea  
emotions in differer  
as:

- walking away

- seeking help
- remaining calm

[\(ACPPS020\)](#)

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

Ways health messa  
communicated on:

- television
- posters
- radio

[\(ACPPS021\)](#)

 Literacy

 Critical and creativ

 Personal and socia

**CONTRIBUTING TO HEA/  
COMMUNITIES**

---

Actions that suppor  
such as:

- moving around s
- sharing appropri
- following class ru

[\(ACPPS022\)](#)

 Literacy

 Critical and creativ

 Personal and socia

Physical activities t  
in natural and built  
community ([ACPPS0](#)

 Literacy

 Critical and creativ

---

## Achievement st

### Health Education

At Standard, studer  
and apply a range c  
and safe.

While interacting w  
positive behaviour

### Physical Educatio

At Standard, studer  
body management,  
they participate in s

Students provide a

they are physically  
demonstrate fair pl

In Year 1, the content builds on the learning from Pre-primary a identities and how these change over time. Students learn about important to eat a healthy diet and participate in regular physic and skills to enhance their interactions with others. Opportuniti they influence choices and behaviours.

Students focus on continuing to develop fundamental movemen transfer and apply simple movement skills. They learn about ch learn new skills and solve movement challenges through game:

The Health and Physical Education curriculum provides opportu values that promote a healthy lifestyle.

Principles

Teaching

[Assessing](#)

[Policy](#)

[Resources](#)

**Subscribe to our monthly K-10 Circular**

[wa.gov.au](http://wa.gov.au) 