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and Standards  
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Kindergarten to Year 10

Years 11 and 12

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# Year 10 SyllabusTest

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**Year Level Description**

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching



Ways of Teaching Video

Ways of Assessing



General Capabilities

Cross-curriculum Priorities



Glossary



 HPE P-10 Scope and Sequence for teaching in 2024 

 HPE P-10 Scope and Sequence for teaching in 2024 

 HPE P-10 Support resources for consent and relationships 

Professional learning 

 ABLEWA Health & Physical Education Scope & Sequence 

 ABLEWA Health & Physical Education Scope & Sequence 

## Filters



# Year 10 Syllabus

## Year Level Description

In Year 10, the content focuses on the issues that affect their decisions and evaluate broader community techniques to enhance and scrutinise health matters.

In continuing to improve movement skills within contexts. They use greater consistency of outcome of previous principles to analyse techniques necessary.

Students self-assess solving approaches relationships. They physical activities in

The Health and Physical develop, enhance a

## Personal, social and health

## Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

## Year Levels

- ☒ Select All

## Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

## General Capabilities





- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding

## BEING HEALTHY, SAFE,

The impact of social influences on personal health behaviour, such as:

- how diversity and difference are represented in the media
- differing cultural practices surrounding adulthood

([ACPPS089](#))

-  Literacy
-  Critical and creative thinking
-  Personal and social capability
-  Intercultural understanding

Skills and strategies to be used in situations where:

- risk is encouraged
- response to an emergency is required; for example:
  - water environments
  - road traumas
  - alcohol and other drugs

([AC9HP10P08](#))

-  Literacy

 Critical and creative

 Personal and social

Analysis of images  
the media related to

- alcohol and other
- body image
- fast food
- road safety
- relationships

([ACPPS092](#))

 Literacy

 Critical and creative

 Personal and social

 Ethical understanding

External influences  
sexual health behaviour  
impact decisions about  
their own and others  
wellbeing ([ACPPS092](#))

 Literacy

 Critical and creative

 Personal and social

 Ethical understanding

COMMUNICATING AND

Skills and strategies  
respectful relations

- appropriate emot  
variety of situatic
- taking action if a  
respectful
- appropriate bysta  
physical and onli

([ACPPS093](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

 Intercultural under

Effects of emotiona  
relationships, such

- extreme emotion  
situations or rela
- the consequence  
emotions of othe

([ACPPS094](#))

 Literacy

 Critical and creativ

👥 Personal and social

⚖️ Ethical understanding

Critical health literacy strategies:

- evaluating health community
- examining policies ensuring safer behaviour

([ACPPS095](#))

📖 Literacy

🧠 Critical and creative

👥 Personal and social

Strategies are examining communicating choices and denying conspiracy opinions and needs the development of relationships, including relationships

For example:

- reflecting on the their own behaviour the importance of responsibility for ensure they do not

- refining strategies clearly and respecting needs and opinions  
relationship scenarios  
peer group, family

([AC9HP10P07](#))

 Literacy

 Critical and creative

 Personal and social

## CONTRIBUTING TO HEALTHY COMMUNITIES

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Health campaigns and based activities designed to raise awareness, influence and promote healthy behaviour and increase connections  
([ACPPS096](#); [ACPPS097](#))

 Literacy

 Critical and creative

 Personal and social

 Intercultural understanding

Social, economic and environmental factors that influence health

- level of education

- income/employment
- social networks and friends and community
- housing
- access to services

([ACPPS098](#))

 Literacy

 Critical and creative thinking

 Personal and social capability

 Ethical understanding

 Intercultural understanding

## Achievement standard

### Health Education

At Standard, students understand personal identity and gender, diversity and health, and propose community health actions.

Students evaluate their skills and strategies to address disrespect.

### Physical Education



At Standard, students  
sequences and improve  
on the outcome of  
performing skills that

Students describe a  
and improving performance  
perceived exertion  
behaviour in competitive  
performance.

In Year 10, the content provides students with the opportunity to  
study external influences on health decisions and evaluate their  
community. Students continue to develop and refine communication  
analytical skills to scrutinise health messages in a range of contexts.

In continuing to improve performance, students transfer learning  
success across a variety of contexts. They use feedback to improve  
and critically evaluate movement responses based on the outcome.  
biomechanical principles to analyse movement, students broaden  
enhanced athletic performance.

Students self-assess their own and others' leadership styles and  
contribute to effective team relationships. They are also provided  
activities in coaching, coordinating or officiating roles.

The Health and Physical Education curriculum provides opportunities  
values that promote a healthy lifestyle.

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