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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Year 3 SyllabusTest

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Year Level Description

Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

Filters



Year 3 Syllab

Year Level Descri

In Year 3, the conte skills in relation to t students to explore understanding of pl Students practise s interpret the accur environments.

Students continue t across the range of cohesive movemen them to achieve ph regular physical act developing persona practices.

The Health and Phy develop, enhance a

Personal, social health

BEING HEALTHY, SAFE ,

Factors that strengt identities, such as t

Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

Year Levels

- ☒ Select All

Strands




- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding

- family
- friends
- school




([ACPPS033](#))

-  Literacy
-  Critical and creativ
-  Personal and socia

Physical, social and
that occur as individ
such as changes to

- the body
- friendships
- feelings

([ACPPS034](#))

-  Literacy
-  Critical and creativ
-  Personal and socia

Protective behavior
communication skill
unsafe situations
For example:

- keeping calm
- using appropriate
verbal communic

([AC9HP4P08](#))

Strategies to use w
For example:

- seeking help to e
themselves and c

([AC9HP4P08](#))

 Literacy

 Critical and creativ

 Personal and socia

Actions in daily rou
health, safety and v

- healthy eating
- appropriate level

([ACPPS036](#))

 Literacy

 Critical and creativ

 Personal and socia

COMMUNICATING AND HEALTH AND WELL BEI

Behaviours that sho
respect for others (

 Literacy

- 🧠 Critical and creative thinking
- 👥 Personal and social capability
- ⚖️ Ethical understanding
- 🌐 Intercultural understanding

Circumstances that require a high level of emotional regulation in complex situations ([ACPPS039](#))

- 🧠 Critical and creative thinking
- 👥 Personal and social capability

Choices and behaviours that require the use of health information literacy skills ([ACPPS039](#))

- 📖 Literacy
- 💻 Information and Communication Technology (ICT) capability
- 🧠 Critical and creative thinking
- 👥 Personal and social capability

Strategies for seeking, giving, and denying permission in digital contexts, refined, and situational awareness where permission is required. For example:

- exploring giving and receiving permission to share a photo to be shared

- actions they can
done something
disrespectful to t
- actions they can
done something
permission or col
online environme

([AC9HP4P07](#))

 Literacy

 Critical and creativ

 Personal and socia

CONTRIBUTING TO HEALTHY COMMUNITIES

Ways to be active in
environments ([ACP](#)

 Critical and creativ

 Personal and socia

Achievement st

Health Education

At Standard, studer
used in daily routin

Students describe h

behaviours that support
and respect for others.

Physical Education

At Standard, students demonstrate
locomotor and object control skills
participating in physical activity
outcome.

Students describe the factors that affect
wellbeing, including physical, social and
diseases. In physical education, students
cooperatively, and respectfully.

In Year 3, the content further develops students' knowledge, understanding, and safety. Opportunities are provided for students to explore and understand the understanding of physical, social and emotional changes as the body grows, and the positive relationships, and interpret the accuracy of health information.

Students continue to build on previous learning and develop gross motor skills. They combine skills to create cohesive movement patterns to achieve physical activity goals. Students are introduced to the concept of wellbeing. They also focus on developing personal and social skills.

The Health and Physical Education curriculum provides opportunities for students to develop values that promote a healthy lifestyle.

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