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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Year 5 SyllabusTest

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Year Level Description

Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

Filters



Year 5 Syllabus

Year Level Description

In Year 5, the content focuses on the influence of emotions and strategies to manage their lives. They learn lifestyle practices in preventive measures.

Students develop a movement skills, strength position in relation to them to successfully

Students examine the activity participation promoting fair play

The Health and Physical develop, enhance a

Personal, social health

BEING HEALTHY, SAFE,

Ways that individuals to different contexts

Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

Year Levels

- ☒ Select All





Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding




([ACPPS051](#))

-  Literacy
-  Critical and creativ
-  Personal and socia
-  Intercultural under

Changes associated
vary with individual

- physical
- mental
- emotional



([ACPPS052](#))

-  Literacy
-  Critical and creativ
-  Personal and socia

Reliable sources of
inform health, safet
such as:

- internet-based in
- community healt
- publications and

([ACPPS053](#); [ACPPS0](#))

-  Literacy
-  Critical and creativ

Strategies that promote a healthy lifestyle

For example:

- comparing food labels
- increased physical activity
- practising sun safety
- using action plans in high-risk situations to ensure safety for themselves and others

([AC9HP6P10](#))

 Literacy

 Critical and creative thinking

 Personal and social capability

COMMUNICATING AND HEALTH AND WELL BEING

Skills and strategies to help students manage relationships as:

- exploring why relationships are important
- assessing the impact of relationships on health and well-being
- building new friendships
- dealing with bullying

([ACPPS055](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

Ways in which inap
responses impact o
such as:

- loss of trust
- fear
- loss of respect

([ACPPS056](#))

 Literacy

 Critical and creativ

 Personal and socia

 Ethical understand

Strategies for seeki
denying consent ar
how to communicat
effectively are rehe
For example:

- exploring the ste
responding, liste
and practising hc
their intentions e
step

- interpreting verbal cues related to sexual denying consent situations

([AC9HP6P07](#))

 Literacy

 Critical and creative

 Personal and social

 Ethical understanding

CONTRIBUTING TO HEALTHY COMMUNITIES

Preventive health n promote and maintain health, safety and w

- bicycle safety
- sun safety

([ACPPS058](#))

 Literacy

 Critical and creative

 Personal and social

Achievement st

Health Education

At Standard, student
and adapting to change

They identify emotions
and strategies to manage

Physical Education

At Standard, student
They implement skills
to challenges involving

Students explain scientific
physical fitness in relation
identify the effects of
are manipulated. Students
effective when taking

In Year 5, the content provides students with the opportunity to
and to develop skills and strategies to manage changing relationships
about ways they can take action to promote safe and healthy living
importance of preventive measures to enhance their own health

Students develop and refine greater proficiency across a range
focus on improving awareness of body position in relation to objects
them to successfully achieve movement outcomes or goals.

Students examine the different roles and responsibilities associated
ethical behaviour that is consistent with promoting fair play and

The Health and Physical Education curriculum provides opportunity

values that promote a healthy lifestyle.

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