

Downloaded from

<https://k10outline.scsa.wa.edu.au/home/teaching/curriculum-browser/health-and-physical-education/year-7> on 22/10/2021
check website for latest version.



School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

 Extranet Login

[Home](#)

[Principles](#) ▾

[Teaching](#) ▾

[Assessing](#) ▾

[Policy](#) ▾

[Re](#)

You are here > [K-10 Outline](#) > [Teaching](#) > [Western Australian Curri](#)

Year 7 SyllabusTest

[Download Curriculum as PDF](#)

Year Level Description

Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video


Ways of Assessing


General Capabilities


Cross-curriculum Priorities


Glossary

 [Health & Physical Education Scope and Sequence](#)

 [Health & Physical Education Scope and Sequence](#)

 [Health & Physical Education Additional Content](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

Filters



Year 7 Syllab

Year Level Descri

In Year 7, the conte help them achieve situations. They lea wellbeing by applyi through a range of

Students continue t developing tactical physical activities. performance using about health-relate activities that impro ethical behaviour c rules, scoring syste activities and exper improvement of he

The Health and Phy develop, enhance a

Personal, social health

BEING HEALTHY, SAFE,

Feelings and emotio

Show/Hide Curriculum

- Year level descriptors
- Content Descriptions
- Achievements Standards
- Icons

Year Levels

- Select All

Strands

- Select All
- Movement and physical activity
- Personal, social and community health

General Capabilities

- Select All
- Literacy
- Numeracy
- Information and Communication Technology (ICT) capability
- Critical and creative thinking
- Personal and social capability
- Ethical understanding

transitions; and practical help-seeking strategies to support these transitions ([ACPPS071](#))

- Literacy
- Critical and creative thinking
- Personal and social capability

Strategies to promote positive learning environments ([ACPPS071](#))

- Literacy
- Information and Communication Technology (ICT) capability
- Critical and creative thinking
- Personal and social capability

Management of emotional changes associated with transitions through the use of:

- coping skills
- communication strategies
- problem-solving strategies

([ACPPS071](#))

- Literacy
- Critical and creative thinking
- Personal and social capability

Help-seeking strategies people can use in a
([ACPPS072](#))

 Literacy

 Critical and creative

 Personal and social

Strategies to make
promote health, safety
such as:

- researching nutritional information to offer value for money
- proposing alternative options
- examining accessibility of activity options in the community

([ACPPS073](#))

 Literacy

 Critical and creative

 Personal and social

**COMMUNICATING AND
HEALTH AND WELL BEING**

The impact of relationships on others' wellbeing:

- the benefits of relationships
- the influence of personal and social factors

- applying online a to enhance relati

[\(ACPPS074\)](#)

 Literacy

 Critical and creativ

 Personal and socia

CONTRIBUTING TO HEALTHY COMMUNITIES

Preventive health p people to avoid and as:

- sun-protective be
- adoption of the *A Guidelines* for he and serving sizes

[\(ACPPS077\)](#)

 Literacy

 Critical and creativ

 Personal and socia

Health and social b activity and recreat natural and outdoo

[\(ACPPS078\)](#)

 Literacy

 Critical and creativ

 Personal and socia

Achievement st

Health Education

At Standard, studer
safety and wellbein
Students identify th
importance of phys

Students apply app
understand the imp

Physical Educatio

At Standard, studer
physical activity col
simple tactics in orc

Students describe h
When participating
ethical behaviour a
an intended outcon

In Year 7, the content expands students' knowledge, understand

personal, social, movement and online situations. They learn how to improve their wellbeing by applying problem-solving and effective communication skills.

Students continue to develop and refine specialised movement skills in various contexts and applying them to physical activities. They use feedback to improve body control and coordination. They explore different types of fitness and the types of activities that improve individual aspects of fitness. This continues to be a focus for students as they consider modified activities to enjoy physical activities and experience success. They begin to understand the importance of fitness and health.

The Health and Physical Education curriculum provides opportunities for students to develop values that promote a healthy lifestyle.

[Principles](#)

[Teaching](#)

[Assessing](#)

[Policy](#)

[Resources](#)

Subscribe to our monthly K-10 Circular

wa.gov.au 