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School Curriculum
and Standards
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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Year 7 SyllabusTest

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Year Level Description

Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

Filters



Year 7 Syllab

Year Level Descri

In Year 7, the conte help them achieve situations. They lea wellbeing by applyi through a range of

Students continue t developing tactical physical activities. performance using about health-relate activities that impro ethical behaviour c rules, scoring syste activities and exper improvement of he

The Health and Phy develop, enhance a

Personal, social health

BEING HEALTHY, SAFE

Feelings and emoti

Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

Year Levels

- ☒ Select All

Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health

General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding

transitions; and practical help-seeking strategies to support these transitions ([ACP](#)

- ☒ Literacy
- ☒ Critical and creative thinking
- ☒ Personal and social capability

Strategies to promote positive learning environments ([ACP](#)

- ☒ Literacy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability

Management of emotional changes associated with these transitions through the use of:

- coping skills
 - communication skills
 - problem-solving skills
- ([ACPPS071](#))

- ☒ Literacy
- ☒ Critical and creative thinking
- ☒ Personal and social capability

Help-seeking strategies
people can use in a
([ACPPS072](#))

 Literacy

 Critical and creative

 Personal and social

Strategies to make
promote health, safety
For example:

- researching nutritional information
offer value for money
- proposing alternative
- demonstrating behaviour
medical circumstances
asthma, allergies
- examining accessibility
activity options in

([AC9HP8P10](#))

 Literacy

 Critical and creative

 Personal and social

**COMMUNICATING AND
HEALTH AND WELL BEING**

The impact of relationships

others' wellbeing:

- the benefits of re
- the influence of p
- applying online a
to enhance relati

([ACPPS074](#))

 Literacy

 Critical and creativ

 Personal and socia

Strategies and skills:
assertively when se
denying consent ar
applied

For example:

- exploring assertiv
communication
- understanding ar
and social protoc
relationships with
their own wellbei
recognising and i
content that may
themselves or ot
grooming or imag
respectfully comi
concerns to othe

[\(AC9HP8P07\)](#)

 Literacy

 Critical and creativ

 Personal and socia

CONTRIBUTING TO HEALTHY COMMUNITIES

Preventive health p
people to avoid and
as:

- sun-protective be
- adoption of the *A*
Guidelines for he
and serving sizes

[\(ACPPS077\)](#)

 Literacy

 Critical and creativ

 Personal and socia

Health and social b
activity and recreat
natural and outdoo

[\(ACPPS078\)](#)

 Literacy

 Critical and creativ

 Personal and socia

Achievement st

Health Education

At Standard, studer
safety and wellbein
Students identify th
importance of phys

Students apply app
understand the imp

Physical Educatio

At Standard, studer
physical activity col
simple tactics in or

Students describe h
When participating
ethical behaviour a
an intended outcon

In Year 7, the content expands students' knowledge, understand
personal, social, movement and online situations. They learn ho
wellbeing by applying problem-solving and effective communic

Students continue to develop and refine specialised movement

of contexts and applying them to physical activities. They have using feedback to improve body control and coordination. They fitness and the types of activities that improve individual aspect continues to be a focus for students as they consider modified to enjoy physical activities and experience success. They begin and fitness.

The Health and Physical Education curriculum provides opportunities and values that promote a healthy lifestyle.

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