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School Curriculum  
and Standards  
Authority

The Authority

Kindergarten to Year 10

Years 11 and 12

Student

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# Year 8 SyllabusTest

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**Year Level Description**

## Overview



Rationale

Aims

Organisation

Student Diversity

Ways of Teaching


Ways of Teaching Video

Ways of Assessing


General Capabilities

Cross-curriculum Priorities


Glossary


 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Scope and Sequence for teaching in 2024](#)

 [HPE P-10 Support resources for consent and relationships](#)

[Professional learning](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

 [ABLEWA Health & Physical Education Scope & Sequence](#)

## Filters



# Year 8 Syllab

## Year Level Descri

In Year 8, the conte changes to their ide refine decision-mak online environment improve the health health literacy skills credible sources of

Students continue t knowledge of sophi array of physical ac others' performance patterns and sugge

Students continue t inclusive participati

The Health and Phy develop, enhance a

## Personal, social health

### BEING HEALTHY, SAFE ,

The impact of phys

## Show/Hide Curriculum

- ☒ Year level descriptors
- ☒ Content Descriptions
- ☒ Achievements Standards
- ☒ Icons

## Year Levels

- ☒ Select All





## Strands

- ☒ Select All
- ☒ Movement and physical activity
- ☒ Personal, social and community health




## General Capabilities

- ☒ Select All
- ☒ Literacy
- ☒ Numeracy
- ☒ Information and Communication Technology (ICT) capability
- ☒ Critical and creative thinking
- ☒ Personal and social capability
- ☒ Ethical understanding
- ☒ Intercultural understanding




gender, cultural and  
([ACPPS070](#))

-  Literacy
-  Critical and creativ
-  Personal and socia
-  Intercultural under




Ways in which char  
attractions form pa  
sexual identities ([A](#)

-  Literacy
-  Critical and creativ
-  Personal and socia

Strategies for mana  
nature of peer and  
([ACPPS071](#))

-  Literacy
-  Critical and creativ
-  Personal and socia

Communication tec  
someone to seek h

-  Literacy
-  Critical and creativ
-  Personal and socia

The reasons why you  
to use or not use drugs

 Literacy

 Critical and creative

 Personal and social

Skills and strategies  
physical and mental  
wellbeing in various  
For example:

- assertive responses
- stress management
- refusal skills
- online environments
- making informed
- contingency plans
- demonstrating behaviour  
medical circumstances  
life-threatening behaviour  
strains

([AC9HP8P10](#))

 Literacy


 Critical and creative

 Personal and social

**COMMUNICATING AND  
HEALTH AND WELL BEING**

The impact bullying can have on relationships and the wellbeing of themselves and others  
([ACPPS074](#))

 Literacy

 Information and Communication Technology (ICT) capabilities

 Critical and creative thinking

 Personal and social capabilities

 Ethical understanding

Personal, social and emotional learning (PSEL) is the process of influencing emotional and social behaviour, such as:

- prior experience
- norms and expectations
- personal beliefs and attitudes

([ACPPS075](#))

 Literacy

 Critical and creative thinking

 Personal and social capabilities

 Ethical understanding

 Intercultural understanding

Sources of health information

support people who  
a challenging time

 Literacy

 Critical and creativ

 Personal and socia

Strategies and skills  
assertively when se  
denying consent ar  
applied

For example:

- exploring assertiv  
communication
- examining the na  
different types of

([AC9HP8P07](#))

 Literacy

 Critical and creativ

 Personal and socia

## CONTRIBUTING TO HEA COMMUNITIES

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Health promotion a  
target relevant hea  
people and ways to  
([ACPPS077](#))

 Literacy

 Critical and creative

 Personal and social

Benefits to individuals and communities of value promoting inclusivity

- respecting diversity
- exploring how the and practices of enhance the well community
- challenging racism sexism and disability
- researching how prejudices have been various contexts

([ACPPS078](#); [ACPPS079](#))

 Literacy

 Critical and creative

 Personal and social

 Ethical understanding

 Intercultural understanding

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Achievement standard

## **Health Education**

At Standard, students understand all aspects of their health and use assertive responses to health.

Students identify the range of factors and

## **Physical Education**

At Standard, students demonstrate sequences of performance. In comparison to an intended outcome

Students provide significant response to linear, angular and outcomes. When faced with simple tactical responses

In Year 8, the content provides opportunities for students to further develop their skills. They continue to develop and refine decision-making skills in various environments. They investigate health-promotion activities that continue to develop critical health literacy skills, including the ability to evaluate health information.

Students continue to broaden their repertoire of specialised motor skills



skills, and apply these to an expanding array of physical activity performance and use basic terminology and concepts to describe performance outcomes.

Students continue to reflect on, and refine, personal and social contribute to positive team cohesion.

The Health and Physical Education curriculum provides opportunities that promote a healthy lifestyle.

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